

Multisport Coaching Camps

Training camps, be they a few days, a week or even longer, are a brilliant way to get some brilliant training time with like-minded people. I run various training events in conjunction with my partner companies TrainingTrips and The Walled Garden.

Events are hosted both in the UK and abroad. And we're always on the lookout for more opportunities. If you have an idea for a training event or would like us to run an event for your club, please contact me.

Examples of events we run:

- "Target Vancouver" Weekend - Aimed at athletes who've qualified for the world champs and those with ambitions to do so. Held at The Walled Garden in Kent (November 2007, February 2008)
- Club La Santa Warm Weather Training Week in Lanzarote (6-13 March 2008)
- Sunsail Triathlon Training Week at Vounaki in Greece ()
- Swim Coaching Series in Tewkesbury (October, November, December 2007, January 2008)